

DIWALI CHECKLIST

	DO	GET
<input type="checkbox"/>	Gratitude	Happiness
<input type="checkbox"/>	Make your bed	Achievement
<input type="checkbox"/>	Coffee/MCT	Brain fuel
<input type="checkbox"/>	Imagination	Creativity
<input type="checkbox"/>	Meditation	Awareness
<input type="checkbox"/>	Reading	Wisdom
<input type="checkbox"/>	Writing	Courage
<input type="checkbox"/>	Brain work	Change
<input type="checkbox"/>	Exercise	Acceptance
<input type="checkbox"/>	Eggs	Body fuel
<input type="checkbox"/>	Email	Communication
<input type="checkbox"/>	PF Checklist	Confidence
<input type="checkbox"/>	Accountability	Integrity
<input type="checkbox"/>	To Do/Brain Dump	Sleep

